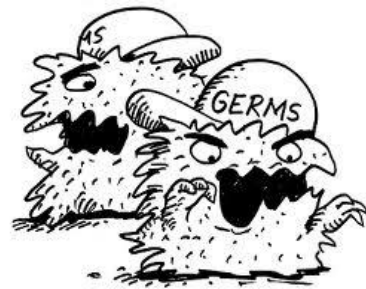




ALL YOU NEED TO KNOW ABOUT VACCINATIONS!!!

WHAT are vaccinations and what are they for?

Your body has a special army (your defensive cells) that help you fight diseases, like a cold and the flu. For this army to be really powerful, it needs to know who the invaders are. The vaccine you get gives your body a sneak peak of what the enemy (the germs) looks like. Your army will train soldiers, called antibodies, who will be the ones to battle with the germs.



If one day one of these germs try to enter your body, your antibody soldiers will be ready to fight them off, like a surprise attack!! This is why it is important to get all your vaccinations so you can prevent getting sick as much as possible.



HOW do you get the vaccine and does it hurt?

Your arm will be cleaned and then the nurse will give you the vaccine with a very small needle. You may feel a tiny pinch but it will only last a few seconds