

École East Hill School

The Letter of the Month is sent to parents by email on the last school day of the month.

Please take careful note of all dates since you will not receive any written notices other than those indicated below – this is especially important with regards to Pedagogical Days (no school), out-going memos, and deadlines.

Don't forget to follow us on Social Media!  

At East Hill We Step It Up!

Myrienne Lusignan
Principal

Jessica Monti
Vice-Principal

East Hill's 2019-2022 Educational Project



Friendly reminder, that you are invited to participate in the consultation process the school is undertaking to create our Educational Project. We invite you to read more on how you can contribute to the consultation in the email that was sent to all parents earlier this week.

East Hill's Sexuality Educational Curriculum Plan

The Ministère de l'Éducation et de l'Enseignement supérieur is offering schools the opportunity to provide students with Sexuality Education. Students will receive 5 to 10 hours of sexuality education over the course of the 2018-2019 academic year. The learning content in Elementary school is designed for students from Kindergarten through to grade 6.

The learning content defined by the Minister of Education is tailored to the students' ages and levels of development, and is in line with the recommendations of experts from the World Health Organization and UNESCO. The content will be taught by trained school personnel in collaboration with partners chosen by the school (e.g. health network or community organizations). The learning content takes into account contemporary issues, for example, easy access to images and messages about sexuality in the community and the use of social media.

The school and the family play complementary roles in Sexuality Education. The complementary nature of these roles reinforces and optimizes the efforts of both. Rest assured that the school team is deeply committed to the healthy development of your child.

You can more information on the Sexuality Educational Curriculum Plan your teachers proposed to governing Board in line with the ministry guidelines on our school website:

[East Hill's Sexuality Educational Curriculum Plan](#)

For more information about the MEES Sexuality Education Program, please visit the ministry's website



Celebrating 20 years on Top of the Hill

Upcoming Events

* See calendar

Report cards

Distributed to parents on
Wednesday, March 13th

Parent-Teacher Interview

Upon Teachers' Request
Thursday, March 21

Changes to Calendar

The **May 17th ped day** is **cancelled** due to the January 24 snow day.

For now, June 14 remains a tentative PED day.



**March is
Nutrition Month!**

The Loop & the Parking Lots:

As you know we recently had to change the morning routine in the loop to ensure students' safety. Therefore we **closed access to the loop as of 7h35** in the morning. Students can be dropped off on Perras and walk safely to school.

Ms Monti , our "security agent" would like to thank everyone for your cooperation.



2019-2020 School Year

As we begin preparations for next year's staffing and school organization, we ask any family that may be moving and/or leaving East Hill to please call our office to inform us as soon as possible. You can leave the information with our school secretaries by calling 514-494-3202

Upcoming School Activities

Special Guest for our Cooking Club

As you may recall, Stefano Faita (Montreal restaurateur, chef & friend/partner of the well-known Ricardo Larrivé) had planned to join us for the closing assembly of our Homemade Happiness week right before the Christmas holidays. Although he was unable to attend at the last moment, he did send in a video for the students to view, promising that he would be back at East Hill in the new year.



We are pleased to share that Stefano Faita will be making true on his promise on Monday, March 11, 2019 at 12:00PM. He will be joining our lunchtime cooking club as a special guest and mentor! This will be a unique opportunity for our students - we look forward to sharing all the fun with you!

Lego Club needs your help!

As you surely know, a large majority of our students are enjoying the newly established lunchtime clubs on a regular basis. After March break, a LEGO Club will launch upon for our Grade 3 students. In order for the club to be a sure success, we are in need of additional Lego pieces.



We are therefore reaching out to our vibrant school community. We humbly ask for your donations of any gently used Lego pieces that you may no longer require - these Legos will be reinvested into our lunchtime Lego Club.

We thank you in advance for your generosity and support!



One of East Hill's main goals is to offer a welcoming, safe and caring environment for your children. While the bulk of our care for your children may occur throughout the day, we believe that your children are always our responsibility.

We sent earlier today an email with concern regarding an online phenomenon known as the "Momo Challenge". In recent days, some teachers have been approached by students who have expressed feeling scared, intimidated and overwhelmed by a pop-up video of a character who makes extremely aggressive claims. This "Momo" character has been seen on a variety of online platforms

Make sure you read details in email communication we sent earlier today

Tip of the Month

We included a simple activity you can do with your child that will help develop literacy or numeracy skills.

We hope you find these tips helpful and pleasurable!

During the March Break...

Numeracy

- ❖ Plan the Budget for an activity together
- ❖ Estimate Time it will take to prepare for the activity
- ❖ Practice counting money - going to the movies and buying popcorn ☺

Literacy

- ❖ Cuddle-up and Read!
- ❖ Going to the movies?
 - Look at the poster sign and guess the storyline
 - Predict the ending

Special Event to end February with a sweet touch!

'Spark Kindness' week was such a success!



Older students and younger students were paired together in buddy groups in order to partake in two kindness-themed activities. Being an Active School, our first activity, entitled the 'Kindness Express', involved a cooperative game that got students moving in order to piece together important kindness messages. The next was a door decorating activity that allowed older and younger students to bond as they created visuals in the name of kindness. We would like to take this opportunity to thank the teachers on the organizing committee.

Be sure to visit our Facebook & Instagram for a glimpse of all the fun!



Up coming Events

Internet & Social Media Safety Workshop... given by our own Ms Nadia !

Our goal at East Hill is to nurture the all-around development of each child - academically, socially, culturally, and physically.

Through all courses, and specifically through the Media course being offered by Mrs. Nadia Barrafato, our school ensures that every child has access to various forms of technology - to use and explore, to seek information and to reinforce and complement classroom instruction at every grade level. Of course, our 21st century learners' exposure to technology extends well-beyond the instructional type - digital citizenship is arguably more important now than it has ever been.

In order to continue to foster a strong bond between home and school, and at the request of several parents, we will be organizing an Internet & Social Media Safety workshop for parents of all levels. The aim of this workshop is to support our parents in their efforts to review the pitfalls and strengths of social media use with their children.

We therefore invite you to take note of the date and time that the workshop will be held - **Thursday, March 28, 2019 at 7:00PM**. Kindly note that a letter will be sent home shortly after the March break with a reply coupon so that you may officially RSVP.

KEEP YOUR KIDS
SAFE Online



Ministry Exams Levels 2-4-6 – Commence end of April until mid-June

Understand that Ministry exams are created as units of work and can extend over a period of days. Therefore, missing school days during this time will be seriously detrimental to the students' results. Parents are asked not to plan any appointments or vacation during this period as the days missed cannot be recreated.