

Letter of the Month: **May 2019**

# École East Hill School

The Letter of the Month is sent to parents by e-mail. Please take careful note of all dates since you will not receive any written notices other than those indicated below – this is especially important with regards to Pedagogical Days (*no school*), *out-going memos*, and deadlines. Don't forget to follow us on Social Media!

**At East Hill, we Step It Up!**



Myrienne Lusignan  
Principal

Jessica Monti  
Vice-Principal

## Our Traditional Music Concert is Back This Year!



Last year's 20th anniversary celebration would surely not have been such a success if it was not for the musical performances of the students, which made all the difference. We proudly reminisce... This year, we are coming back to our traditional Music Concerts, showcasing the musical achievements of our students through our enriched music program.

Save the date! 

**Wednesday, May 22** Senior concert for students in level 4-5-6

**Thursday, May 23** Junior Concert for students in level 1-2-3

An information letter along with...

**2 tickets per family will be sent home on May 14<sup>th</sup>.**

Please ensure you put your tickets in a safe place as no other tickets will be re-issued if lost as we have to respect the Building Capacity Law for safety reasons.

## Another invitation coming your way .... **Come with me!** A Glimpse of Your Child's Day



As you surely know, East Hill has an ongoing tradition of organizing annual events that gather our community of students, parents, and staff to celebrate the many accomplishments that incur throughout the school year. Last year, we had the utmost pleasure of hosting our 20th anniversary Family Event, which was a grandiose celebration of 20 years of French Immersion, academic excellence on Top of the Hill.



This year, we will be hosting a special, smaller-activity, one which will allow you to get closer to your child and provide you with the unique opportunity to experience 'A Glimpse of Your Child's Day'.

**More details coming your way very soon....**



## Important Reminders

The **May 17<sup>th</sup> PED day is cancelled** due to the January 24<sup>th</sup> snow day.

**June 14<sup>th</sup>** remains a PED day.



## 2019-2020 School Year

### Address Verification forms:

Last week, parents received a pre-identified student verification form. **\*\*Parents must ensure that this form is properly completed, signed, dated and returned promptly to the office.**

## End-of-Year Activities

**May 22:** Senior Concert

**May 23:** Junior Concert

**June 18:** Fun Day for Students organized by Home & School

**June 19:** Kindergarten Moving-On Ceremony

**June 20:** Grade 6 Graduation Ceremony & party (18h00)

**June 21:** Last day of school for all students

## End of School Year Evaluations

### Ministry & Board-wide exams for our students in level 4 and 6.

Level 5: French exam until May 7<sup>th</sup> - Math Exam from June 3 to 7

Level 6: English Exam May 8 to 17 – French Exam May 21 to 29  
Math Exam June 10-14

### Evaluation Period Important for all :

In the following weeks the teachers will be covering the last competencies of the program. As well, they will also start reviewing concepts and evaluating the students' progress through various pedagogical activities and tests.

**It is imperative that students be present for these exams.** It is not the time to take vacations as sections of the exams that are missed cannot be given at a different time. The exams are based on specific activities (books that are read, class discussions that are held) that cannot be re-created for an absent student. While parents cannot help their children prepare for these exams (they are based on the transfer and application of learned skills and not on memorization. If you want to support your child reviewing, we invite you to consult the TERM 3 newsletter that was emailed to all parents on April 2nd. It is describing key elements to study in all subject areas. It also provides many useful links and digital tools.

You can also visit our website for our own video tutorials:  
<http://easthill.emsb.qc.ca/students/tutorials.html>  
as well as digital resources readily available for you  
[http://easthill.emsb.qc.ca/students/internet\\_resources.html](http://easthill.emsb.qc.ca/students/internet_resources.html)

A message from your Active School Committee:

### Défi Cubes Énergie du 29 avril au 27 mai

Pour continuer à bouger en tant qu'École Active, notre école va participer de nouveau au défi Cubes-Énergie. Votre enfant a reçu son carnet de cubes énergie cette semaine.



SVP le laisser dans son agenda et **le remplir lorsque votre enfant fait de l'activité physique à la maison, à la piscine, à l'aréna...** Chaque cube coloré représente 15 minutes d'activité physique continue.

**Notre objectif école est de 137 000 cubes cette année!**

Pour des activités ou vidéos intéressants sur l'activité physique voir les liens suivants :

<https://cubesenergie.com/en/primary-school-quebec>

<http://www.kino-quebec.qc.ca/>



### 10 strategies to help promote well-being & reduce anxiety.

*from Student Services Department*

1. Promote Learning & seize failures and set backs to grow
2. Value and tend relationships
3. Help your child see how he/she contributes to a positive environment
4. Foster social emotional skills
5. Understand the mind-body connection
6. Value physical activity

**Reminisce and use our own WEB TV Show to encourage your child to move at home and release some stress together!**



Last year, we were very lucky to have been selected as the only Anglophone school in Quebec to participate in the recording of an online web-tv show produced by Force 4.

A group of selected Grade 4 and 5 students were asked to represent us on camera for 2 days of recording.

**The 4 X 15 minute episodes were published online last week.**

To view the episode (#81 to #84), you can subscribe to their Youtube channel : <https://goo.gl/xvITi8>

